

EARLY WARNING SIGNS

We don't enter abusive relationships on purpose.

Do you know the yellow flags?

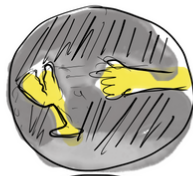
Notice these signs to prevent harm and protect yourself and your friends.

70%
of dating violence victims don't realize they're being abused



QUESTIONABLE AUTHENTICITY

- Is overly sensitive — not in a heartfelt way, but acts “hurt” when not getting their way, offended in disagreement, gets very upset at normal life inconveniences.
- Comes on very strong, is extremely charming and an overly smooth talker.
- Gets serious quickly — says “I love you” early on, wants to move in together after only a few months.



VIOLENCE OR THREAT OF VIOLENCE

- Blocks or holds partner to keep them from walking away or leaving the room.
- Throws or breaks things when angry.
- Is cruel to animals.
- Has threatened you (or others) with violence, or used or threatened to use a weapon.
- Has been violent in previous relationships.
- Has ever abused children.



DOESN'T OWN THEIR “STUFF”

- Blames you or others for how they feel & act.
- Doesn't take responsibility for their mistakes.
- Has moderate to severe mood swings



YOU'VE EVER FELT AFRAID OF THEM

- Switches quickly from being very nice to exploding in anger.
- Is intimidating, using threatening body language, punching walls or breaking objects.



OVERPROTECTIVE, DISEMPOWERING

- Makes you feel unable to make decisions.
- Isolates you from support — wants partner all to themselves and tries to keep them from friends, family or outside activities
- Is jealous or possessive.



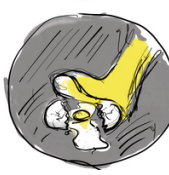
CONTROL

- Monitors your time (or money) and makes you account for every minute (or penny).
- Calls or texts repeatedly or shows up to make sure you're where you said you'd be.
- Attempts to control what partner wears.



DISRESPECT

- Overly critical of daily things — your clothes, appearance, eating, personality, skills.
- Name-calling, puts you down or curses at you.



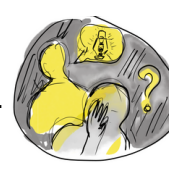
CONFUSING COMMUNICATION

- Makes partner's needs feel unimportant.
- You find yourself often apologizing and don't know why, or you're “walking on eggshells.”.



DISREGARDS BOUNDARIES

- Doesn't respect the words “no” or “stop.”
- Forces sex or becomes angry when you refuse.
- Coerces you to do sex acts you do not like.
- Texts or calls repeatedly; shows up uninvited.



MANIPULATION OR GASLIGHTING

- You find yourself questioning what you know happened or know to be true.
- Makes you responsible for their feelings.
- You feel like everything you do is wrong.

Notice a warning sign? Abuse can be emotional, verbal, sexual, physical, financial or religious. Ask yourself, “Is this a mistake, or a pattern?” Most importantly, find someone you can talk to.

Contact us @TheRoseModel to have a safe conversation!